

Health and Social Services Committee

HSS(2)-06-06(p3)

Meeting date: Thursday 23 March 2006

Venue: Committee Room 3, Senedd, National Assembly for Wales

Title: Mental Health Services for Children and Young People

Purpose

This paper is for the Committee to note the latest developments regarding Child and Adolescent Mental Health Services in Wales (CAMHS) and the 10 year cross sector/cross policy strategy Everybody's Business.

Summary / Recommendations

The cross-sector and cross policy CAMHS strategy document "Everybody's Business" issued in 2001. The first phase of the strategy was to ensure the launch of the strategy and the implementation was mapped out. The second phase has been to make a step change in the provision of services, to ensure policy development in Health, Education and Social Services reflect the principles contained within the strategy and, where possible, to move the agenda along by the setting of targets within the various outcome measurement processes.

The next phase will be to review the strategy that will:

- Identify in some detail progress made since the launch and outcomes achieved
- Reflect new development and policies and:
- Set the future direction for the remainder of the 10 year strategy.

The proposed review of Everybody's Business will enable a refocusing of the policy to ensure the most vulnerable children and young people including those who are looked after will have access to high quality equitable and responsive services.

An update paper was provided to H&SCC HSS(2)-05-05(p.3)

in April 2005 and this paper will identify latest developments across all sectors

Background

'Everybody's Business' was issued in September 2001 to set out Wales' broad and cross-sectoral concept for CAMHS provides the Welsh Assembly Government's aims, objectives and principles for CAMHS delivered by all sectors. It established a strategic vision for CAMHS in Wales that stressed three components:

- A multi-agency approach
- The four-tier strategic concept; and
- Partnership between children, young people, their families and professionals.

A definition was provided for the term CAMHS ".....to mean all of services provided by all sectors that impinge on the mental well-being, mental health, mental health problems and mental disorders of children and young people before their majority." Therefore CAMHS refers to the whole enterprise with "Specialist CAMHS" referring to those services that have a particular role and expertise relating to child and adolescent mental health.

The National Service Framework for Children, Young People and Maternity Services (NSF) is a cross-sectoral document and the mental health and psychological well being of children and young people is being addressed as one section. The NSF contains specific and measurable key actions for the delivery of multi-agency services across Tiers 1 to 4 that are closely linked to the CAMHS Strategy 'Everybody's Business'.

The Implementation Working Group, jointly chaired by Ann Lloyd and Steve Thomas, WLGA, has been established and CAMHS will be included in the discussions about the implementation of the NSF's key actions and standards.

Welsh Assembly Government Policies

The following policies, either in place or in the process of being developed are in line with the vision set in "Everybody's Business" and the four-tier concept:

Education

Guidance for schools, Local Education Authorities (LEAs) and other partners to promote the mental health and social well-being of pupils, including those in nursery settings

This guidance will ensure a whole-school approach is taken in promoting positive mental health, recognising early signs of mental health problems and distinguishing between different types of mental

health problems and will describe the necessary referral systems. It is widely recognised that teachers in particular have the greatest interface with children and young people, after that of the parent or carer, and their role is crucial in the meeting of and fulfilling the strategic intention of tier 1 CAMHS. It is intended that the guidance will be issued for consultation during Spring 2006.

Counselling Pilots

In 2005 the Assembly Government provided funding to all Children and Young People's Framework Partnerships to undertake consultation with children and young people on the handling of complaints, the provision of support for children and young people making complaints and the provision of counselling services in educational settings.

Officials from DfTE are working on the proposed approach. A paper is to be presented to the ELL Committee with the final strategy being developed by Summer 2006 with the intention of implementing the strategy on a pilot basis.

Flying Start

This policy is aimed at pre-school children. It is to be targetted at particular areas based on school catchment areas in Wales. It will, in effect, allow the early identification of any concerns in relation to a child's development which will ensure early intervention at an appropriate level can be put in place.

Cymorth

Cymorth- the Children and Youth Support Fund is administered through local Children and Young People's Partnerships within each Local Authority. It aims to provide a network of targeted support for children and young people, aged 0-25, within a framework of universal provision, in order to improve the life chances of children and young people from disadvantaged families.

The Partnerships consist of representatives from statutory services such as Education, Social Services and Health together with representatives from the voluntary sector who have an inpatient role to play. Cymorth plans have a focus on disadvantaged areas, while maintaining some discretion to offer services on a wider basis.

Plans are submitted each autumn across six themes:

A. Family support

B. Health improvement

C. Play, leisure and enrichment

D. Empowerment, participation and active citizenship

E. Training, mentoring and information

F. Building childcare provision.

The CYPP's are also responsible for completion of the NSF self assessment audit tool. The data collected will be used in the setting of priorities and their future Health, Social Care and Well Being Plans.

Public Health

School Nurses

School nursing was discussed by the Cabinet Sub-Committee on Children and Young People in October 2005. Subsequently an across Assembly group chaired by Chris Tudor-Smith, Public Health Improvement Division, has been formed to agree a consensus on the role and to take forward a modern school nursing service in Wales.

Mental Health Strategy

Public health colleagues are developing an all age/cross sector action plan. It will identify the various strands of policy development and implementation of Welsh Assembly Government's strategies which assist in promoting the mental health of individuals in Wales.

Health and Social Care

Development of CAMHS Commissioning Networks (CCNs)

WHC (2005) 075 required the formal setting up of 3 CAMHS Commissioning Networks in the 3 regional levels in Wales. These networks will be better placed to map out provision, plan what is required in their area and commission the required level of services. The CCNs have been set up in line with the requirements of Designed for Life. They will need to work closely with Local Education Authorities and Local Social Services in devising what their commissioning plans.

In addition the new powers of the Children Act 2004 will strengthen this approach and require closer working partnerships. Health Commission Wales, who are responsible for the specialist end of CAMHS are also formally looking at their planning and commissioning processes but have yet to provide their costed plans to Assembly officials.

Service and Financial Framework Targets

In accordance with LHB CAMHS costed plans for 2005-06, progressive targets were set via the Service and Financial Framework process to promote the development of the services and support structures to be put in place. This was focussed in relation to Tiers 1 and 2, with a view to allowing sustainable CAMHS to be provided for all Tiers over the remaining 5 years of the CAMHS strategy.

The target for 2005-06 to be achieved by 31 March is :

- From April 2005 CAMHS teams should aim to provide consultation and advice to professionals in Tier 1 within 4 weeks

As a milestone to delivery of the 6-month target, interim targets based on current performance were set by the Welsh Assembly Government in the WHC (2005) 075 issued in September 2006

The target for 2006-07 to be achieved by 31 March 2007 is:

- All patients to be seen within 6 months for routine assessment and intervention

CAMHS Workforce Development and Training

The CAMHS Workforce Development and Training group continues to meet. It is taking forward all negotiations and activities related to developing the workforce and conducting audits required for workforce development. A CAMHS web site and data base is being developed which will inform the workforce and development plans.

The development of the CAMHS diploma level module at the University of Glamorgan and the University of Bangor has seen uptakes from students from various disciplines such as: Health Visitors, Registered Mental Nurses, Children's Nurses, Social Workers, Teachers, School Nurses, Specialist Nurses, Occupational Therapists and Paediatric Nurses.

Additionally, significant progress has been made in employing and training primary mental health workers. There are currently in excess of 27.5 (wte) primary mental health workers in Wales (excluding admin support).

Eating Disorder Guidance

We have commissioned the NPHS to produce good practice guidance on care pathways and models of care for eating disorders for adults and children. In developing its guidance the NPHS is reviewing the available evidence and ensuring consistency with existing policies and NICE guidance. The proposed model is likely to be based on a tiered approach to interventions, and will hopefully be published later this year.

Children First Programme

The Children First programme was established 6 years ago. It aims to transform the management and delivery of social services for children in need and their families, including looked after children.

A key objective of Children First is to ensure that these children gain maximum life chance benefits from education opportunities, health care and social care. This includes attention to their mental health.

Children First requires an interagency strategy for commissioning children's health services. In order to meet their statutory duties and to sustain and build on improvements in outcomes for children and young people, local authorities, Local Health Boards and NHS Trusts will need to ensure continuity of arrangements which have been set up.

Social Justice & Regeneration

Substance misuse framework

The Framework covers not only the needs of children, young people and young adults whose lives have been adversely affected by their use or misuse of substances, but it also covers universal educational programmes for the wider community of children and young people who require information and services in this field. It is derived from a review of evidence of good and effective practice from within the UK and beyond. It incorporates a clear statement of values drawn from the experience of a variety of practitioners and from consultation with young people about their requirements for information, education and other services.

All services that work with children, young people and young adults will be expected to use the Framework. It is anticipated that the Framework will go out for consultation at the end of June 2006.

Youth Justice

Officials are working closely with the Youth Justice Board for England and Wales (YJB) to ensure targets set are realistic and achievable without distorting the clinical priorities.

The publication of the National Offender Management Service (NOMs) document, *Joining Together in Wales, An Adult and Young People's Strategy to Reduce Reoffending*, has included reference to CAMHS in Wales and paints a realistic picture of what is available and what more needs to be achieved.

Health Commission Wales

Specialist CAMHS

Some of Tier 3 and all of Tier 4 CAMHS are commissioned by Health Commission Wales (HCW).

There are currently 28 NHS CAMHS in-patient beds commissioned in Wales

- 2 High Dependency & 14 in-patient beds in the Harvey Jones Unit in Cardiff (South Wales)
- 12 in-patient beds in Cedar Court in Colwyn Bay (North Wales)

Every effort is made in an emergency to admit a patient to one of these units. If a patient requires an emergency admission and there is not a NHS bed available, a bed will be commissioned in an in-patient unit from the Independent Sector in England.

In accordance with the NHS Planning and Commissioning Guidance WHC (2003) 63 the Welsh Assembly has required HCW to develop services and they are presently:

- Developing Community Intensive Therapy Teams (CITT) in order to reduce the need for emergency admissions by providing intensive support for children and adolescents in their home environment. The CITT's will work closely with the in-patient units in order to prevent admission, and where admission is unavoidable, to ensure that the admission is short and that the transition back to the community on discharge is smooth.
- Developing plans to enhance specialist CAMHS community services, HCW is working with Conwy & Denbighshire NHS Trust in North Wales on plans to replace Cedar Court. In South Wales, HCW is working with Cardiff & Vale, Bro Morgannwg and Pontypridd & Rhondda NHS Trusts on plans to replace the Harvey Jones Adolescent Unit. Plans and timescales for the new services and any necessary consultation are expected to be confirmed shortly.
- Working with LHBs and Trusts on plans for tertiary eating disorder services. Local mental health services provide eating disorder services as part of their role. HCW is working with LHBs and Trusts to ensure these services have clear referral paths to tertiary services where patients needs cannot be met appropriately locally.
- Developing plans for tertiary community based services and in-patient services to support local mental health services. These plans will look to work closely with CAMHS services given the cross-over of patients and professional expertise.
- Establishing and developing a Forensic Adolescent Consultation and Treatment Service (FACTS) in both North and South Wales in accordance with a service specification developed by a multi-agency working party.
- The purpose of the service is to provide:

- consultation, advice and training to staff in specialist CAMHS
- a small amount of direct clinical service for young people up to age 18 referred by specialist CAMHS or other relevant mental health service.
- The service will use a joint working model to deliver these objectives and to develop specialist Forensic CAMHS skills locally.
- Preparing a draft Costed Plan in consultation with LHB's and local CAMH services for the development of CAMH services.
- Undertake an assessment of the needs of all out of Wales placements with a view to better meet these demands more locally. HCW makes every effort to admit patients to the NHS CAMH service in Wales and only places patients in the Independent sector if they cannot be cared for more locally. The majority of patients currently in the Independent Sector are Eating Disorder patients, as there are currently no specialised in-patient services for these patients in Wales.

Funding

The following funding streams have been provided in relation to the various policies and actions – elements of which support CAMHS.

Recurrent NHS money

The £1.2m has been made available for CAMHS from 2004-05 for:

- provision of beds for adolescents who require admission in emergencies,
- Forensic Adolescent Consultation Teams and
- Primary Mental Health Workers.
- Development of a diploma level module by University of Glamorgan and the University of Bangor.

SaFF Waiting Times Initiative Monies

Officials have been able to allocate some £1.4m of the £2.4m of non-recurrent Waiting Times money, which was earmarked for CAMHS in the 2005/06 financial year. The bids supported were subject to value for money, measurable outcomes assessment and that the money would be spent in this financial year. Successful bids would have fulfilled at least one of the following criteria, it will have:

- increased capability
- increased capacity
- improving demand management
- Children First Programme

The Children First programme is backed by substantial resources. Since its inception in 1999 over £150m of additional resources has been committed to the programme with a further £45m available in 2006/07.

Cymorth all Wales allocations

	£
2003-4	39,935,002
2004-5	42,415,000
2005-6	43,263,001
2006-7	54,733,000

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