## Mid Wales Regional Committee MID 04-01(p.3)

**Date:** Friday 2 November 2001

Time: 10.30am to 1.00pm
Venue: Village Hall, Aberporth

## Preparing a Strategy for Older People Dyfed Powys Health Authority

A strategy for older people in the community must contain core principles, values and measurable minimum standards against which health, local government, private sector and voluntary services can be performance managed.

These need to be developed across the spectrum of care needs including the following:-

Health promotion and disease prevention

Exercise

Diet

BP screening in high risk groups

Diabetes screening in high risk groups

Osteoporosis screening in high risk groups

Depression screening in high risk groups

Flu vaccination

Medicines management

Addressing issues of inequalities and poverty in relation to

- Elderly carers
- Access to transport
- Access to good quality housing
- Access to fuel/warmth
- Access to health and social care

### Diagnosis and treatment

- o Full access to primary, secondary and tertiary care
- Ensure an absence of ageist policy in relation to access
- Stroke
- Cancer
- o CHD
- Diabetes
- Mental illness

# Reablement, rehabilitation and respite care

- Multidisciplinary team approach
- Multi agency collaboration
- Hospital discharge planning

#### Palliative care

Multidisciplinary team approach

## Continuing care

- Multidisciplinary team approach
- o Clinical governance monitoring across all agencies providing care